

10715 Charter Drive, Suite 270, Columbia, MD 21044 www.drvizzini.com

## Spring 2012 PTI Workshops For Counselors and Educators

Fri, March 16: Creative Arts for Sensitive Topics

Time: 6-9 p.m.

Location: Columbia, MD

Sat, March 17: Creative Arts for Sensitive Topics

Time: 9:30 a.m.-12:30 p.m. Location: Web-conference

Fri, April 20 and Sat, April 21: More Tools for Healing the Heart that Hurts

Times: 6:30-8:30 p.m. (Fri) and 9:30 a.m.-4:30 p.m. (Sat)

Location: Columbia, MD

Fri, May 11: Expressive Arts to Lighten the Heart and Encourage Gratitude

Time: 6-9 p.m.

Location: Columbia, MD

Sat, May 12: Expressive Arts to Lighten the Heart and Encourage Gratitude

Time: 9:30 a.m.-12:30 p.m. Location: Web-conference

## What are creative and expressive arts?

As a counselor or educator, sometimes you need to think creatively about how to reach challenging clients or students. Creative and expressive arts can enhance your work by showing you how to use healing stories, humor and your artistic nature. The arts have been found to be an effective technique in helping children and adults access deep emotions, and are appropriate with topics such as grief, bullying, addictions, sad and negative feelings, anxious thoughts, and much more.

## To learn more and sign up, visit www.drvizzini.com.



Dr. Joanne F. Vizzini, PhD, LCPC, NCC is a Licensed Professional Counselor, former elementary school 7 MD state teacher, & creator of the Vizzini Puppet Therapy Model® 2001. Her workshops have been offered at conferences for the American Psychological Association & the American Counseling Association.

♦ CEU's are available from NBCC and the Maryland Board of Social Work Examiners. Ask about other disciplines♦